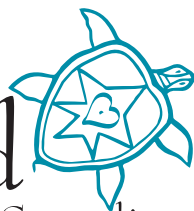


# Canouan Island

heart of the Grenadines





Canouan Island is unspoiled, virtually undiscovered, and has been the Caribbean's best kept secret by the fortunate few.

110 miles west of Barbados, a few miles south of Mustique and bordering the incredible sailing grounds of the Tobago Cays.

Enjoy a romantic escape with the person of your dreams – luxuriate in warm seas shaded by overhanging palms and be soothed by a cooling breeze.

### Heart of pleasure

#### Golf Club

An exhilarating and challenging Jim Fazio designed 18 hole championship golf course, set on dramatic sloping hills and along the ocean edge. This is the game at its very best, deemed by Robb Report (June 2005) "Best Golf Course".

*The Trump International Golf Club* with spectacular, panoramic views from every hole overlooking the Caribbean Sea. Cooling north-easterly trade winds enhance the challenge and the clubhouse awaits your return and beverage service buggies are never far away. This is a most distinctive course of unique character and playability.

#### Restaurants

Canouan Island offers a variety of several restaurants. For an elegant evening out, **La Varenne**, sophisticated gourmet European haute cuisine at the Villa Monte Carlo. Or perhaps **La Piazza** with its lively Italian

fare. Alternatively, for a spectacular take on Asian culinary art try **Jambu's**. For less formal dining, watch the bobbing boats at the **Palapa** restaurant with great pizza and Italian/Caribe creations. Beach BBQ, grill and salad bar make **Godhal** the place to be whilst taking the sun or on a star studded evening.

All of these restaurants meld the best of the world's cuisines with the best of the Caribbean sights and sounds. There are also a few locally run restaurants/bars in the main village to explore.

### Heart of luxury

#### Hotels

The luxurious five star retreat **Raffles Resort** encompasses 200 glorious, rolling acres of natures very best with facilities and services to the very highest of international standards of excellence, gracefully boarded by breathtaking views of turquoise seas

and the coral reef beyond. The resort showcases 156 suites and rooms, hidden coves and beautiful white sand beaches, tennis, water sports, four signature restaurants and bars, a large freshwater swimming pool, Sugar Palms Kids Club and the magnificent RafflesAmrita spa.

*Tamarind Beach Hotel & Yacht Club* is a lively, Italian influenced beachfront oasis of 40 sea lapped hideaways, situated within tropical gardens, on a mile long white sand beach. The Palapa restaurant at the hotel has special theme nights and the Pirate Cove bar for light fare, live music and dancing. Water sports and boat excursions to the Tobago Cays and neighbouring islands are available.

Several local guesthouses are also available on the island.

*Trump Island Villas* Fabulous estate lots, golf and marina villas strategically placed around the

island with incredible views of both the Caribbean Sea and the Atlantic Ocean are for sale. In the future many will be available for private rental.

### Heart of wellness

#### RafflesAmrita Spa

Raffles signature lifestyle concept. Amrita has its roots in an ancient Sanskrit legend, where deities searched for the magical elixir that would grant them eternal youth. This assurance of renewal is a promise, which Raffles delivers to every Amrita guest.

Providing a haven of relaxation and nurturing by highly skilled international therapists the menu of treatments are of rare quality and exceedingly high standards. Immerge yourself in rejuvenating pleasure with your personal therapist designing a sequence to suit your specific needs.

### Heart of adventure

**Villa Monte Carlo**  
Trump Club Privee

for sophisticated European style gaming in magnificent elegance perched high on the hill, overlooking the coral reef and the islands of the Grenadines. Blackjack, roulette, craps make for an evening of adventure not to be missed.

#### Divng

Canouan Dive Center is based in Grand Bay close to the Tamarind Beach Hotel. Both scuba divers and snorkellers can enjoy the splendors under the sea of the pristine islands, coral reef and even wrecks. Day & night dives available.

#### The Moorings

Canouan Island is now the centre of sailing in the Grenadines and is also a major base for this world-renowned yachting company. Situated on Grand Bay, close to Tamarind Beach Hotel & Yacht Club, the world famous waters of the Tobago Cays and the other enchanting islands of the Grenadines are all within easy reach.

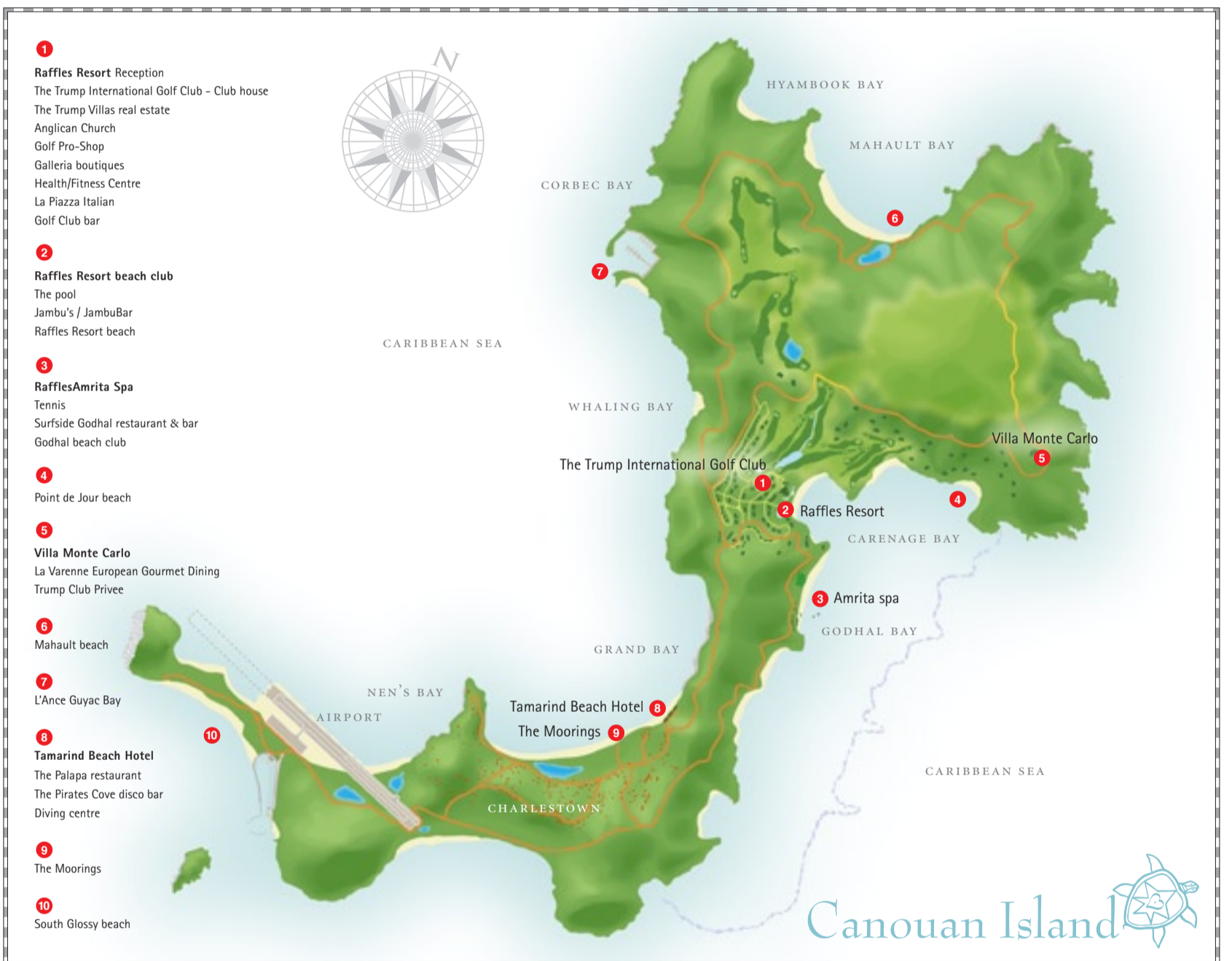
### Heart of the Grenadines

#### Beaches

Small bays and coves, most with long sweeping white sand beaches, surround Canouan Island. They are pristine and a few are a challenge to access. The island is partially surrounded by the coral reef on the Atlantic side, which adds protection to many of the beaches. Endless expanses of fine sand, its gleaming white in dramatic contrast to the strong colours of the luxuriant vegetation and tropical sea await those who seek a solitary encounter with nature.

#### Air Access

Is made easy by requesting from the Hotels their Air-Limousine Service available from Barbados, Martinique, St. Lucia, Grenada. Daily flights by American Airlines from Barbados and San Juan de Puerto Rico, plus Grenadine Airways from Barbados.



**Land, climate, ...**

St. Vincent and the Grenadines lie between the tropic of Cancer and the Equator, approximately 1.600 miles southeast of Miami. St. Vincent is the largest of the more than 30 islands that comprise the nation, covering roughly 150 square miles.

Canouan is reached by air from North America and Europe through six major gateways - Barbados, San Juan-P.R.,

Grenada, St. Vincent, Martinique and St. Lucia - with connection to Canouan's modern Airport, offering night landing facilities.

The dream of an exclusive world surrounded by the splendid sea of the southern Antilles, a refuge from the world uncontaminated nature, endowed with an enormously varied landscape of green hills, romantically secluded bays and long beaches.

Almost every corner of Canouan reveals the natural gifts of the island and inspiring views. White sand beaches, the island abounds with natural beauty and offers the serenity in which to enjoy it.

Average daytime temperatures range from 24°C/75F to 30°C/87F. Driest season is December to May. The coolest months occur between November and February.

This is a different way of living; simple life, only divided by solar rhythm and climatic equilibrium dry heat, humid heat. With so many options to choose from, Canouan can help you design an experience that goes beyond imagination; far beyond.

Whether your idea of action is on the course or in the spa, whether you prefer relaxing on the beach or working out, everything is possible at Canouan.

**Turtles' Island**

Canouan is a serene island with its coral reef protecting the landscapes, colours and feelings. An island abundant with goats and kids, cocks and hens, donkeys, sheep, iguanas and birds.

Plan to laze your days away on the beach or by the pool. Or take part in a more strenuous activity - there's certainly plenty to choose from under the guidance of qualified attendants. Hiking, mountain

biking, golf, diving, scuba. Here there is no lack of opportunity for sport. Tennis, windsurfing, volleyball and a fully equipped gym with boxing ring, or excursions by boat or small plane.

Whether you prefer to laze by the sea or indulge in one of the Caribbean's largest swimming pools, the view is always gently adorned by the reef beyond.

Maybe that hammock under the coconut

trees or the shaded poolside palapas are calling you... decisions, decisions.

**Honey Moon**

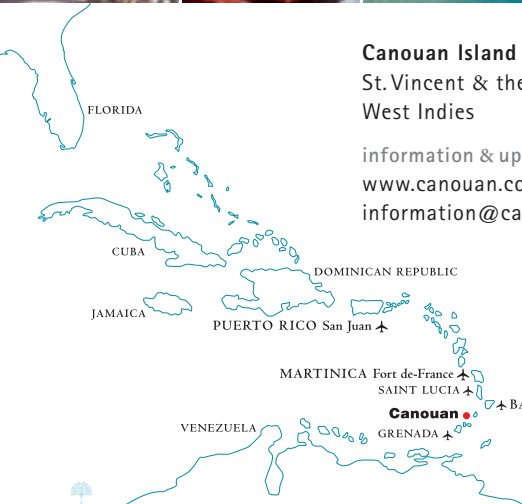
A wonderful romantic 19<sup>th</sup> century church, nestles in the heart of Raffles Resort.

Along with the many diverse food and beverage venues this makes both the resort and Canouan Island ideal for destination weddings.

To every bride and groom, a wedding

is not simply a function but a culmination of their romance. Raffles Resort understands this and reflects the special need to create weddings to remember. It is a promise of exquisite quality service beyond the ordinary.

For a magical honeymoon, Canouan is the perfect destination. An amazingly remote, private and peaceful place - memories forever are made of this.



**Canouan Island**  
St. Vincent & the Grenadines  
West Indies

information & updating  
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**Raffles Resort**  
Canouan Island

*Trump's Island Villas*  
CANOUAN ISLAND

**TAMARIND**  
BEACH HOTEL & YACHT CLUB

*The Moorings*  
The Best Sailing Vacation In The World!

**American Airlines**  
American Eagle

**AMRITA SPA**